What Is Reaching Recovery® ?

Reaching Recovery is an outcome-based clinical solution for adult individuals with mental illness that promotes engagement and progression towards recovery. The content for the solution was developed by the Mental Health Center of Denver. Reaching Recovery is a joint partnership between **Netsmart and The Mental Health Center of Denver.** This partnership provides mental health providers with outcome tools that are designed to support recovery and wellbeing.

Reaching Recovery helps providers assess and measure a person's recovery progress. The solution offers the most rigorous, standardized group of assessments to evaluate strengths, barriers, and level of care recommendations for individuals. The result is true person-centered care that reduces the overall cost of recovery throughout the organization.

With Reaching Recovery...

Approximately **300 INDIVIDUALS** graduate to less intensive services **EACH YEAR**

Organizations have reported saving **OVER $3M EACH YEAR**

The solution consists of four instruments that measure individual's mental health recovery. The instruments provide data that explores the most efficient allocation of time and resources with the most successful results. By using the four instruments organizations have reported saving three million dollars per year ensuring individuals receive the right service at the right time. With the instruments, behavioral healthcare agencies have a comprehensive picture and standardized method for examining effectiveness of services and outcomes. The solution is available within Netsmart's medical record solutions as well as a standalone web application for any organization or agency nation wide.

The Only Statistically Valid Recovery Solution

The solution offers the only recovery-oriented outcome assessments that use **Rasch Statistical Modeling** to ensure even small improvements in recovery are accurately captured. Rash modeling is derived from Item Response Theory, a statistical technique developed out of an educational testing framework that aims to ensure that each item provides meaningful information in an assessment. The assessments have had the reliability studies published in peer-reviewed journals and may be used for all adults receiving mental health services throughout all levels of service intensity and treatment modalities. A full list of publications and resources can be found at **https://mhcd.org/reaching-recovery-resources-publications**.

Why Recovery Outcomes?

The Reaching Recovery outcome tools help measure **changes that occur within a person's treatment over time** and are completed by the individual and the clinician.

These tools help staff and the individual **understand and respond to the status of an individual's recovery**, and the **trends of the person's recovery through time**.

Why is recovery outcomes data important?

For the Individual...
- Improves matching of services to individual's needs
- Increases likelihood of sustained mental health recovery
- Increased participation from individual receiving services
- Better understanding of own recovery path

For the Clinician...
- Consistent clinically significant information for treatment use
- Increased participation and enhanced recovery outcomes for time invested
- Tools to aid in identifying appropriate services for each individual.

For the Organization...
- Assessing how well treatment and services are working
- Identifying specific indicators that point to recovery success
- Exploring the most efficient allocation of time and resources with the most successful results.

" Through **data collection**, **analysis**, and **reporting**, we gain a wealth of information that we can use to promote the **health and wellbeing** of the people we serve. **"**

Answer Questions with Data...

* How do you measure recovery?

* How do I know if I'm getting better?

* How effective are our programs and services?

What support will my organization receive?

Clinical Implementation Support

- Your leaders attend a visit to the Mental Health Center of Denver
- Local implementation team maps out the timeframe and steps needed
- Train-the-Trainer sessions provided to local team.
- Staff only need 2 hours of initial training to use the outcome tools.

Technical Support for Implementation

- Load required EHR updates
- Configure cloud connectivity
- EHR setup (if applicable)
- Client Training & Acceptance Testing
- Replicate steps above for live environment
- Implement live environment

Ongoing Support & Consultation

- Learning Collaborative: addressing key areas for systems change
- Well-Being Consultation: designed to meet the needs of your organization.
- Technical Support: On going support provided within the annual licensing fee.

What Are the Outcome Tools?

RNL — Recovery Needs Level

➡ Completed by **Clinician**

- Used to recommend the most appropriate level of service
- Ensures a person's treatment plan matches their level of need
- Clinician records status of observed needs across 17 dimensions

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RMI — Recovery Marker Inventory

➡ Completed by **Clinician**

- Clinician's rating of a person on 8 objective factors associated with recovery.

1. Employment
2. Education
3. Active/Growth
4. Symptom Management
5. Participation in Services
6. Housing
7. Substance Use
8. Substance Stage of Change

CRM — Consumer Recovery Measure

➡ Completed by **Individual**

- Subjective measure of changes in recovery completed by the person in services
- 16 question tool that explores a person's perception of his/her recovery across five dimensions:

1. Hope
2. Symptom Management
3. Personal Sense of Safety
4. Active Growth Orientation
5. Satisfaction with Social Networks

PRO — Promoting Recovery in Organizations

➡ Completed by **Individual**

- Survey measuring staff's characteristics which promote recovery
- Different sections for each type of staff that interacts with each individual.

1. Front Desk Staff
2. Therapist
3. Prescriber
4. Nurses
5. Case Managers
6. Rehabilitation Staff
7. Residential Staff

Schedule A One-on-One Demonstration & Consultation

The one-on-one consultation will showcase how the data is used with evidence based treatment on a daily clinical basis, administratively, and programmatically. In addition, you will understand how the Recovery solution is used for such things as cost-benefit analysis and organizational recovery transformation.

Through the demonstration we will share examples from the Mental Health Center of Denver that are replicable at other organizations and give tools and strategies for supporting your organization's growth. In addition, we will outline how to develop and leverage technology to drive consumer engagement within your organization.

Email Reaching.Recovery@mhcd.org to Schedule Today!

Mental Health Center *of* Denver

Netsmart