



STRONG Families STRONG Children



Mental Health Center of Denver

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The Mental Health Center of Denver's campaign to raise an initial \$5 million to support the development of the Northeast Child and Family Community Center

Our VISION

To offer children, families, and community members a welcoming place to improve their overall well-being through health promotion, prevention, and early intervention programs. The Mental Health Center of Denver offers treatment services that are evidence-based and strength-focused, allowing for the highest quality of impact and outcomes for parents, children, and our community.

Our FOCUS

- To prevent problems by strengthening the individual, family, and community assets that young people have in their lives
- To build a caring and supportive community that is protective for youth
- To connect teens to their families so they can be protected against behaviors that put their health at risk such as alcohol, tobacco, other drug use, emotional distress, violence, and risky sexual behavior
- To foster creativity and imagination in children that helps them overcome adversity, trauma, and risk





Collective IMPACT

In partnership with community stakeholders, the Mental Health Center of Denver will create a hub of community activity and services by providing a range of programs under one roof. A large spectrum of services will center around:

- **Mental Health** – increasing access to quality behavioral healthcare
- **Healthcare** – coordinating access to physical and dental healthcare
- **Education** – promoting school readiness and student achievement with early childhood education and support as well as a specialty day treatment program
- **Community** – promoting engagement, well-being, and access to healthy food

Value for Our COMMUNITY

This transformative project builds a foundation of mental wellness essential to children, families, and community. The Mental Health Center of Denver brings its expertise and collaborative spirit onto a four acre site in northeast Denver. Here, at 35th Avenue and Dahlia, the community center serves as the epicenter for the wide array of community-based behavioral health programs for the Mental Health Center of Denver and its countless community partners. More than 33,000 square feet of indoor classroom, play, community, and counseling space will be enhanced by outdoor play areas, therapeutic gardens, and an urban farm to bring together the care and compassion essential to make a community flourish.



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STRONG
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OUR MISSION

Enriching Lives and Minds by Focusing on Strengths and Recovery

The Mental Health Center of Denver believes that healthy families and stronger communities are built on a foundation of mental wellness. Known nationally for its ground-breaking approach to treatment that focuses on resiliency in children and recovery in adults, the Mental Health Center of Denver provides mental health, substance abuse, housing, educational, and employment services.



For more information about how you can be part of *Strong Families – Strong Children*, please contact Barbara Shaw:

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*"The community is invited to be part of the future of children and families by supporting the **Strong Families – Strong Children Campaign.**"*

Carl Clark, MD, President & CEO,
Mental Health Center of Denver

Your investment in this campaign will make a difference. Supporting the building and operation of the child and family community center in northeast Denver will help assure that more children and families will have access to the help they need when they need it.

Your gift will:

- Support the continuation and expansion of evidence-based, successful programs for very young children, school-aged children, adolescents, family members, and caregivers
- Enable development of health promotion and community engagement
- Provide resources for more prevention and early intervention services in the lives of our community's children
- Support our belief that "healthy families grow from a foundation of mental wellness"

"While the absence of a strong community is devastating for young people, the reverse is also true: positive community contexts can be transformational. With this center, we aim to be transformational."

Lydia Prado, PhD, Director of Child and Family Services,
Mental Health Center of Denver

Strong Families – Strong Children

HONORARY CO-CHAIRS: Dr. Nancy & Mr. Sam Gary



Mental Health Center of Denver

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