



# CARL CLARK, MD

## PRESIDENT & Chief Executive Officer

**DR. CARL CLARK'S EARLY EXPERIENCE** with his father's bipolar disorder sparked a commitment to helping people with mental illness regain their lives, hopes and aspirations.

As President & Chief Executive Officer of the Mental Health Center of Denver, Dr. Clark leads the organization in "focusing on what people can do, not what they can't do."

He has dedicated his career to improving the well-being of the Denver community and beyond through a focus on health promotion, well-being, resilience and recovery across the life-span.

More than 10 years ago, Dr. Clark challenged the Mental Health Center of Denver to be "The Center of Excellence" with the best and most innovative mental health services in the country. Since then he has led the way in delivering strengths-based, person-centered, culturally proficient services.

Dr. Clark inspires a culture of well-being within the Mental Health Center of Denver and beyond. Under his visionary leadership, the Mental Health Center of Denver received the Denver Post Top Work Places Award the past six years in a row

and was awarded the Denver Metro Chamber of Commerce Large Non-Profit of the Year in 2013. Dr. Clark has extensive involvement at the local, state and national levels.

Dr. Clark joined the Mental Health Center of Denver in 1989. He became the Medical Director in 1991, Chief Executive Officer in 2000 and President & CEO in 2014.

### PRESENTATIONS:

- "Well-being: Balancing work, family and community"
- "Promoting Well-being" Person-centered, evidence-based services focused on outcomes and accountability"
- "The Evolving Healthcare Landscape: Contemporary concepts of behavioral health in the US and Colorado"
- "The State of Behavioral Health in Colorado: Policy and care models"
- "Culture Eats Technology for Lunch: Executive leadership in technology implementation"

### TOP 5 STRENGTHS:

Maximizer, Self-Assurance, Individualization, Ideation, Learner