

Desktop or Laptop Computer

First, click this link to open the Microsoft Teams download page:

<http://www.microsoft.com/en-us/microsoft-teams/download-app>

Click on the big purple button that says **“Download for Desktop.”**

Download Microsoft Teams

Connect and collaborate with anyone from anywhere on Teams.

Download for desktop

Download for mobile



Under “Teams for home or small business,” click the purple **“Download Teams”** button to the **left**. Teams will be free to download.

Download Microsoft Teams for Windows desktop

Teams for home or small business

Teams for work or school

Download Teams

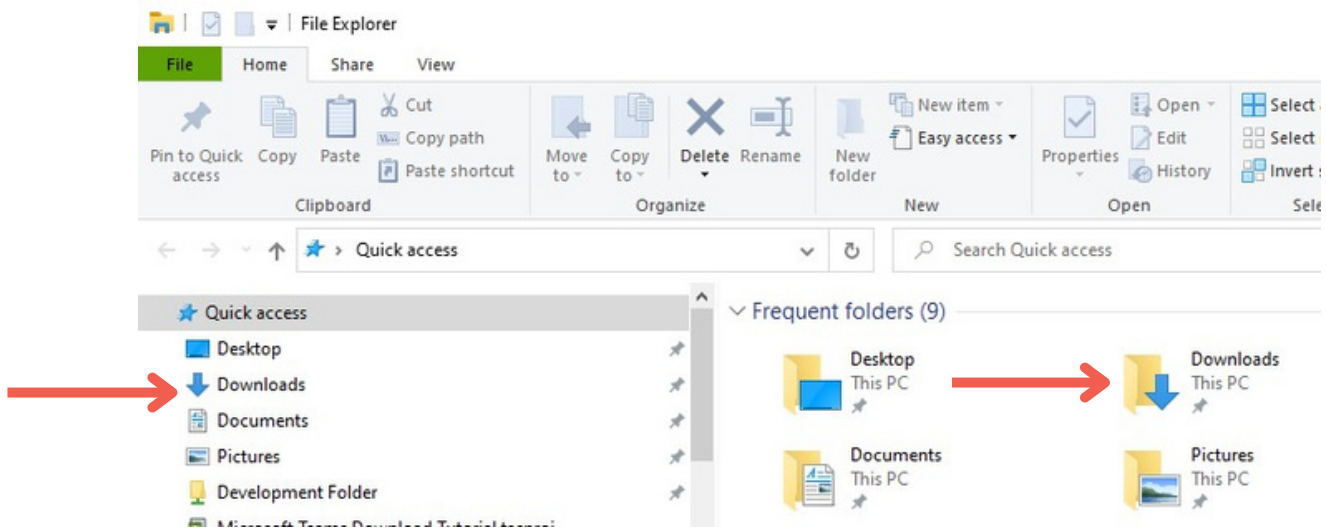
Download Teams

Clicking this button will **start a download**. This file might show up in either:

1. Your browser (upper-right or lower-left corner, depending on your browser type)

OR

2. Your computer's "Downloads" folder



Open the file that was just downloaded by double-clicking on it.

This will **start the install process**; follow the instructions on your computer.

This process may require your computer's password to complete installation.

Questions? Feel free to reach out to us at AppSupport@wellpower.org for help.

Using Teams for Telehealth Appointments

To use Teams for your telehealth appointments on your phone, tablet or computer, **you do not need to make an account.**

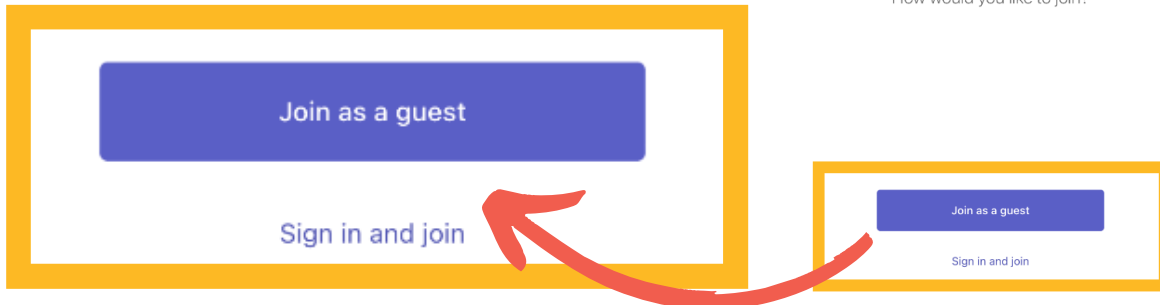
You will be able to **sign in as a guest** when you connect to your appointments.

10:11 Fri Jun 17 100%

Microsoft Teams



Meeting time!
How would you like to join?



Teams will ask you to **share your name** before joining the meeting. **You can also include your pronouns.**

Downloading and using Teams should be **completely free**, and again, **no account set up is necessary** to join your telehealth appointment.

