

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 Daily Market 8:00 a.m. – 2:00 p.m. Regular Bingo 9:30 – 11:00 a.m. 12:30 – 2:00 p.m.	2 Daily Market 8:00 a.m. – 1:00 p.m. Video Gaming Tournament 8:30 – 11:00 a.m.	3 Daily Market 8:00 a.m. – 2:00 p.m. Ping Pong/Pool Games 9:00 a.m. – 2:00 p.m.
6 Daily Market 8:00 a.m. – 2:00 p.m. Gardening for Well-Being 9:00 – 10:00 a.m. Karaoke/Dance Party 1:00 – 2:30 p.m. Zero Suicide Peer Support 12:00 – 1:00 p.m.	7 Daily Market 8:00 a.m. – 2:00 p.m. Diamond Art Day 9:00 – 10:30 a.m. Smoothie Tuesday 1:00 – 1:45 p.m.	8 Daily Market 8:00 a.m. – 2:00 p.m. Regular Bingo 9:30 – 11:00 a.m. 12:30 – 2:00 p.m.	9 Daily Market 8:00 a.m. – 1:00 p.m. Snackitivity 9:00 – 10:00 a.m.	10 Daily Market 8:00 a.m. – 2:00 p.m. Escape Room Table 9:00 – 11:00 a.m. 12:00 – 1:00 p.m.
13 Daily Market 8:00 a.m. – 2:00 p.m. YouTube Learning 10:00 – 11:00 a.m. Video Game Tournaments 12:00 – 2:00 p.m. Zero Suicide Peer Support 12:00 – 1:00 p.m.	14 Daily Market 8:00 a.m. – 2:00 p.m. Arts and Crafts 8:00 – 10:00 a.m. Mental Health Matters 12:00 – 1:00 p.m. Select Your Style 7:30 – 10:00 a.m. & 11:30 – 2:15 p.m.	15 Daily Market 8:00 a.m. – 2:00 p.m. Regular Bingo 9:30 – 11:00 a.m. 12:30 – 2:00 p.m.	16 Daily Market 8:00 a.m. – 1:00 p.m. Read Aloud Together 9:00 – 10:00 a.m. DJ, Play your Music 12:00 – 1:00 p.m.	17 Daily Market 8:00 a.m. – 2:00 p.m. Escape Room Table 9:00 – 11:00 a.m. 12:00 – 1:00 p.m.
20 Daily Market 8:00 a.m. – 2:00 p.m. Karaoke/Dance Party 1:00 – 2:30 p.m. Zero Suicide Peer Support 12:00 – 1:00 p.m.	21 Daily Market 8:00 a.m. – 2:00 p.m. Arts and Crafts 8:00 – 10:00 a.m. Game Show Day 1:00 – 2:30 p.m.	22 Daily Market 8:00 a.m. – 2:00 p.m. Regular Bingo 9:30 – 11:00 a.m. 12:30 – 2:00 p.m.	23 Daily Market 8:00 a.m. – 1:00 p.m. Easy Workout 9:00 – 10:00 a.m. Cardio Workout 10:00 – 10:30 a.m. Workout Cooldown 10:30 – 11:00 a.m.	24 Daily Market 8:00 a.m. – 2:00 p.m. Wild Bingo 9:30 – 11:00 a.m. Candy Crossing 12:00 – 1:30 p.m.
27 Daily Market 8:00 a.m. – 2:00 p.m. Community Clean-up 10:00 – 11:00 a.m. Disc Golf Putting Games 12:00 – 1:30 p.m. Zero Suicide Peer Support 12:00 – 1:00 p.m.	28 Daily Market 8:00 a.m. – 2:00 p.m. Mental Health Matters 12:00 – 1:00 p.m. Ice Cream Social 1:00 – 1:45 p.m.	29 Daily Market 8:00 a.m. – 2:00 p.m. Regular Bingo 9:30 – 11:00 a.m. 12:30 – 2:00 p.m.	30 Daily Market 8:00 a.m. – 1:00 p.m. Diamond Art Completion Day 9:00 – 10:30 a.m.	1

Hours & Contact Information:

Drop-in Hours:

- **Monday:** 7:00 a.m. – 3:00 p.m.
- **Tuesday** 7:00 a.m. – 3:00 p.m.
- **Wednesday:** 7:00 a.m. – 3:00 p.m.
- **Thursday:** 7:00 a.m. – 1:00 p.m.
- **Friday:** 7:00 a.m. – 3:00 p.m.

Shopette hours:

- **Monday:** 8:00 – 10:30 a.m. y 12:00 – 2:30 p.m.
- **Tuesday:** 8:00 – 10:30 a.m. y 12:00 – 2:30 p.m.
- **Wednesday:** 8:00 – 10:30 a.m. y 12:00 – 2:30 p.m.
- **Thursday:** 8:00 a.m. – 12:30 p.m.
- **Friday:** 8:00 – 10:30 a.m. y 12:00 – 2:30 p.m.

Contact Information:

- **Phone:** (303) 504-6800
- **Address:** 1075 Galapago St, Denver, CO, 80204
- **Web Site:** wellpower.org/resource-center
 - Basic information about the Resource Center.
- **Dashboard:** wellpower.org/resource-center-dashboard
 - This has information specific to people served, such as important messages, meals calendars, our newsletter and more.

(You can also scan this QR code)



LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
30	31	1 Mercado diario 8:00 a.m. - 2:00 p.m. Bingo regular 9:30 - 11:00 a.m. 12:30 - 2:00 p.m.	2 Mercado diario 8:00 a.m. - 1:00 p.m. Torneo de video juegos 8:30 - 11:00 a.m.	3 Mercado diario 8:00 a.m. - 2:00 p.m. Juegos de ping pong/billar 9:00 a.m. - 2:00 p.m.
6 Mercado diario 8:00 a.m. - 2:00 p.m. Jardinería para el bienestar 9:00 - 10:00 a.m. Karaoke/Fiesta de baile 1:00 - 2:30 p.m. Apoyo entre pares para Zero Suicide 12:00 - 1:00 p.m.	7 Mercado diario 8:00 a.m. - 2:00 p.m. Día de artesanía con diamantes 9:00 - 10:30 a.m. Martes de batidos 1:00 - 1:45 p.m.	8 Mercado diario 8:00 a.m. - 2:00 p.m. Bingo regular 9:30 - 11:00 a.m. 12:30 - 2:00 p.m.	9 Mercado diario 8:00 a.m. - 1:00 p.m. Snackitivity 9:00 - 10:00 a.m.	10 Mercado diario 8:00 a.m. - 2:00 p.m. Escape room de mesa 9:00 - 11:00 a.m. 12:00 - 1:00 p.m.
13 Mercado diario 8:00 a.m. - 2:00 p.m. Aprendizaje en YouTube 10:00 - 11:00 a.m. Torneo de video juegos 12:00 - 2:00 p.m. Apoyo entre pares para Zero Suicide 12:00 - 1:00 p.m.	14 Mercado diario 8:00 a.m. - 2:00 p.m. Arte y manualidades 8:00 - 10:00 a.m. La salud mental importa 12:00 - 1:00 p.m. Seleccione su estilo 7:30 - 10:00 a.m. y 11:30 - 2:15p.m.	15 Mercado diario 8:00 a.m. - 2:00 p.m. Bingo regular 9:30 - 11:00 a.m. 12:30 - 2:00 p.m.	16 Mercado diario 8:00 a.m. - 1:00 p.m. Leer en voz alta juntos 9:00 - 10:00 a.m. DJ, reproduce tu música 12:00 - 1:00 p.m.	17 Mercado diario 8:00 a.m. - 2:00 p.m. Escape room de mesa 9:00 - 11:00 a.m. 12:00 - 1:00 p.m.
20 Mercado diario 8:00 a.m. - 2:00 p.m. Karaoke/Fiesta de baile 1:00 - 2:30 p.m. Apoyo entre pares para Zero Suicide 12:00 - 1:00 p.m.	21 Mercado diario 8:00 a.m. - 2:00 p.m. Arte y manualidades 8:00 - 10:00 a.m. Día de concursos 1:00 - 2:30 p.m.	22 Mercado diario 8:00 a.m. - 2:00 p.m. Bingo regular 9:30 - 11:00 a.m. 12:30 - 2:00 p.m.	23 Mercado diario 8:00 a.m. - 1:00 p.m. Entrenamiento fácil 9:00 - 10:00 a.m. Entrenamiento cardiovascular 10:00 - 10:30 a.m. Enfriamiento después del entrenamiento 10:30 - 11:00 a.m.	24 Mercado diario 8:00 a.m. - 2:00 p.m. Bingo salvaje 9:30 - 11:00 a.m. Candy Crossing 12:00 - 1:30 p.m.
27 Mercado diario 8:00 a.m. - 2:00 p.m. Limpieza comunitaria 10:00 - 11:00 a.m. Juegos de disc golf 12:00 - 1:30 p.m. Apoyo entre pares para Zero Suicide 12:00 - 1:00 p.m.	28 Mercado diario 8:00 a.m. - 2:00 p.m. La salud mental importa 12:00 - 1:00 p.m. Reunión con helados 1:00 - 1:45 p.m.	29 Mercado diario 8:00 a.m. - 2:00 p.m. Bingo regular 9:30 - 11:00 a.m. 12:30 - 2:00 p.m.	30 Mercado diario 8:00 a.m. - 1:00 p.m. Día de finalización de las artesanías con diamantes 9:00 - 10:30 a.m.	1

Horarios e información de contacto **WellPower**TM

Horario de atención sin cita previa: Horario de la Shopette:

Lunes: 7:00 a.m. – 3:00 p.m.

Martes: 7:00 a.m. – 3:00 p.m.

Miércoles: 7:00 a.m. – 3:00 p.m.

Jueves: 7:00 a.m. – 1:00 p.m.

Viernes: 7:00 a.m. – 3:00 p.m.

• **Lunes:** 8:00 – 10:30 a.m. y 12:00 – 2:30 p.m.

• **Martes:** 8:00 – 10:30 a.m. y 12:00 – 2:30 p.m.

• **Miércoles:** 8:00 – 10:30 a.m. y 12:00 – 2:30 p.m.

• **Jueves:** 8:00 a.m. – 12:30 p.m.

• **Viernes:** 8:00 – 10:30 a.m. y 12:00 – 2:30 p.m.

Información del contacto:

- **Teléfono:** (303) 504-6800
- **Dirección:** 1075 Galapago St, Denver, CO, 80204
- **Sitio web:** wellpower.org/resource-center
 - Información básica sobre el Centro de Recursos
- **Panel de anuncios:** wellpower.org/resource-center-dashboard
 - Aquí encontrará información específica para las personas a las que servimos, como mensajes importantes, calendario de alimentos preparados, nuestro boletín informativo y más.

(También puede escanear este código QR)

