

April Outings

ATTENTION: To protect participant privacy, please meet in the coffee shop and wait for the facilitator for outings rather than gathering at the front desk.

Due to the high demand for our great outings, please limit your sign-ups to **2 per month**. You are welcome to join other waitlists for additional events.

Ping Pong

April 3 (Fri)

1:00 – 4:00 p.m.

5 Spots available

Fun and friendly competition with a high-energy ping pong experience that brings people together through play, movement, and laughter.

Facilitator: Pedro

Outings Continued:

Visit Golden

April 6 (Mon)

1:00 – 4:00 p.m.

5 Spots available

Another visit to the old capital.

Facilitator: Hunter

Idea Creative Arts Lab at the DenverCentral Library

April 8 (Wed)

10:35 a.m. – 12:00 p.m.

Seat Limit: 5

Visit the Denver Central Library IDEA creativity lab for a string art workshop.

Facilitator: Kiara



Photo Credit: NextChapter
Photography Student Rachel Enkey

April Outings

Botanic Gardens

April 8 (Wed)

2:00 – 3:30 p.m.

April 29 (Wed)

1:00 – 3:00 p.m.

5 Spots available

Facilitator: Alyssa

Duffey Roll

April 13 (Mon)

9:00 a.m. – 12:00 p.m.

5 Spots available

Eat, explore and play games.

Facilitator: Hunter

GK Billiards

April 17 (Fri)

1:00 – 4:00 p.m.

5 Spots available

Join us for a fun and social afternoon at a professional billiard hall.

Facilitator: Pedro

Outings Continued:

Movie Outing

April 21 (Tue)

12:30 – 4:00 p.m.

10 Spots available

Facilitators: Steph & Jessica

Cat Café

April 21 (Tue)

1:00 – 4:00 p.m.

5 Spots available

Hang out with cats while drinking coffee/tea.

Facilitator: Hunter

Barr Lake

April 22 (Wed)

1:00 – 3:00 p.m.

5 Spots available

Facilitator: Alyssa

Visit Evergreen

April 27 (Mon)

1:00 – 4:00 p.m.

5 Spots available

Arguably named after its year-round green landscape.

Facilitator: Hunter

April Workshops

Wellness Workshop

April 1 (Wed)

12:30 – 2:45 p.m.

Sally's Café

A time to promote healthier living by highlighting the importance of the eight Dimensions of Wellness.

Facilitators: Jessica & Kathy

Watches Workshop

April 6 (Mon)

9:00 – 10:00 a.m.

Curious about wristwatches and other timepieces? We'll talk about different types of watches including mechanical watches.

Facilitator: Hunter

Resume Workshop

April 8 (Wed)

1:00 – 2:00 p.m.

Seat Limit: 5

Computer Lab 210

Facilitators: Alyssa and

Maritza

Workshops Continued:

Documentary with Steph

April 7 & 21 (Tue)

9:00 – 11:00 a.m.

Meditation Room

Seat Limit: 8

Come and enjoy uplifting documentaries and discussion.

Facilitator: Stephanie



Photo Credit: NextChapter
Photography Student David Willmann

April Workshops

Diamond Art Workshop

April 15 (Wed)

10:00 a.m. – 12:00 p.m.

Art Studio

Seat Limit: 5

Create mandala diamond pieces of artwork. All supplies provided.

Facilitator: Kiara

Flower Arranging Workshop

April 22 (Wed)

10:00 – 11:45 a.m.

Art Studio

Seat Limit: 5

Create an arrangement of beautiful spring flowers to celebrate the season.

Facilitators: Kiara and Jessica

AI Workshop: Prompt Personalization & Style

April 23 (Thu)

9:30 – 10:50 a.m.

Computer Lab 210

Teaching AI your preferences: tone, pacing and accessibility needs.

Facilitators: Steph M., Alyssa & Pedro

Poetry Reading Workshop

April 27 (Mon)

9:00 – 10:00 a.m.

A monthly workshop where we'll start reading and reflecting on save me an orange. This is a collection of poems by Hayley Grace. For just a taste, "You were put on this earth to live. It's not too late to start now." – save me an orange.

Facilitator: Hunter

Watercolor Basics Workshop

April 29 (Wed)

10:00 – 11:30 a.m.

Art Studio

Seat Limit: 5

Learn basic watercolor painting techniques

Facilitator: Kiara